

Wood County Board of Mental Retardation and Developmental Disabilities
PROCEDURE

Procedure #: 02-WLS-ALL-0837 (MD)

Subject: Food Allergy

Effective Date: 07-16-2012

Last Revision:

Person Responsible: Kim Vaughn, R.N.

Approvals/Date:

 7/12/12
Superintendent, WCBMR/DD Date

 R. Spence
Department Director Date

7/12
Date

A. Food Allergy Action Plan:

- Provided to the student's family when a food allergy is known.
- Filled out by student's physician, signed and dated.
- Signed and dated by parents
- Returned to school before the child begins services.
- Renewed yearly.
- Medication will be provided by the parents if necessary and stored in the clinic or in a locked box in the classroom.

B. Training:

Based on the student's Food Allergy Plan, staff will receive training and put into practice:

- Preventing exposure to specific food(s) that trigger allergy.
- Recognize symptoms of allergic reaction.
- Treating the allergic reaction.
- Will be done annually and as needed.
- Student's food allergies will be posted in the classroom and in food preparation areas (care will be given to confidentiality issues).
- Student's Action Plans will be accessible in the classroom and clinic for staff.
- Student's Action Plan and needed medication will be taken on all field trips by the trained staff/nurse.

C. Emergency Care

- Trained staff/nurse will promptly take proper steps outlined in the Action Plan if a reaction occurs at the school.
- Trained staff/nurse will notify 911 if epinephrine is given.
- Trained staff/nurse will notify parent of any allergic reaction or possible contact with food that may cause an allergic reaction.

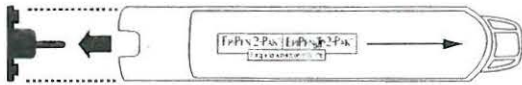
References:

Forms: 03-WLS-ALL-0897

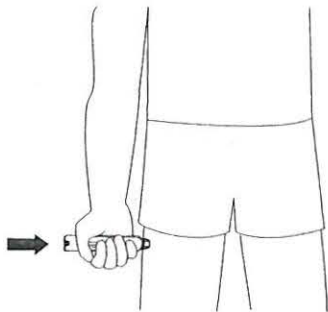
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EPIPEN Auto-Injector and EPIPEN Jr Auto-Injector Directions

- First, remove the EPIPEN Auto-Injector from the plastic carrying case
- Pull off the blue safety release cap



- Hold orange tip near outer thigh (always apply to thigh)



- Swing and firmly push orange tip against outer thigh. Hold on thigh for approximately 10 seconds. Remove the EPIPEN Auto-Injector and massage the area for 10 more seconds

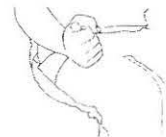


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Twinject® 0.3 mg and Twinject® 0.15 mg Directions



- Remove caps labeled “1” and “2.”
- Place rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.



SECOND DOSE ADMINISTRATION:

If symptoms don't improve after 10 minutes, administer second dose:

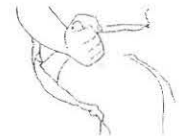
- Unscrew rounded tip. Pull syringe from barrel by holding blue collar at needle base.
- Slide yellow collar off plunger.
- Put needle into thigh through skin, push plunger down all the way, and remove.



Adrenaclick™ 0.3 mg and Adrenaclick™ 0.15 mg Directions



- Remove GREY caps labeled “1” and “2.”
- Place RED rounded tip against outer thigh, press down hard until needle penetrates. Hold for 10 seconds, then remove.



Once epinephrine is used, call the Rescue Squad and request an ambulance equipped with epinephrine and a responder trained to administer this medication. Take the used unit with you to the Emergency Room. Plan to stay for observation at the Emergency Room for at least 4 hours.

For children with multiple food allergies, consider providing separate Action Plans for different foods.

**Medication checklist adapted from the Authorization of Emergency Treatment form developed by the Mount Sinai School of Medicine. Used with permission.

